



## Dates

Part I 30th April – 2nd May, 2018

Part II 4th June – 6th June, 2018

Total Cost: £450

Early Booking by 16/3/2018: £310 (£140 discount)

## Booking Form

Name: .....

Address: .....

.....

.....

Experience: .....

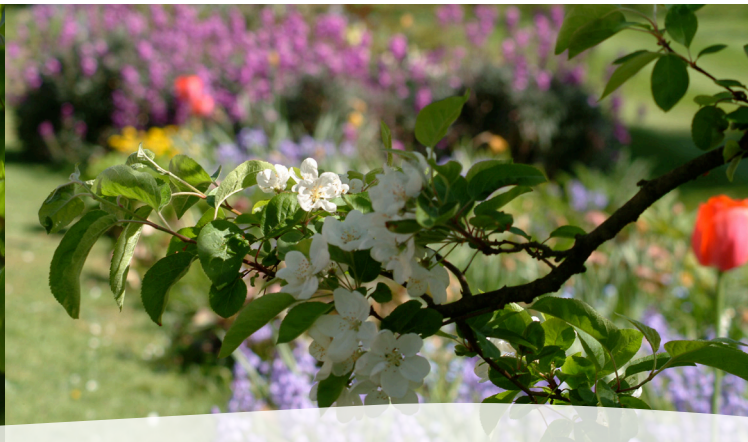
.....

.....

Email: .....

Telephone: .....

Send this form with your cheque made payable to “Liv Trading Limited”, or go to [www.liv.co.uk/school](http://www.liv.co.uk/school) to book and pay online.



## Where we are

The school is located on the beautiful Skeys Farm in the Worcestershire village of Hartlebury.

Set in tranquil countryside the school is easily accessible by car and public transport.

## Who we are

At Elysia (1994-2013) Elizabeth King and Sebastian Parsons applied their knowledge of skincare and anthroposophy to understand Dr.Hauschka skincare in new ways that changed how the brand was promoted and taught worldwide.

Their “Skin & The Soul Within” makes the fruits of their further research into natural skincare and the soul available to the broad holistic skincare community.

*For more details about this workshop please contact Elizabeth King*

m: 07504 821593

e: [elizabeth@liv.co.uk](mailto:elizabeth@liv.co.uk)

## Liv Trading Limited

Skeys Farm, Chadwick Lane,  
Hartlebury, Nr Kidderminster, Worcs. DY11 7YA  
[www.liv.co.uk](http://www.liv.co.uk)



Elizabeth King & Sebastian Parsons present ...

# conscious connecting

a two part, five day workshop exploring  
soul-wise holistic skincare including  
new techniques and insights into the  
relationship between the skin and the  
souls of the client and therapist

## skin & the soul within

the liv school of  
holistic skin care



## A two-part workshop introducing the holistic therapist to the relationship between Skin and Soul

The skin protects and reveals our inner soul-life – mediating between individual, the environment and other people. The soul and skin deeply interpenetrate, so the soul can be healed through the skin, and the skin can be healed through the soul. Integrative care enlightens, deepens and enriches, allowing the skincare therapist to awaken to their clients' soul processes.

The everyday challenge of the “blush” is an intimate reminder of how our soul-life is connected to our skin. The life of the soul is multilayered, from the depths of our physical being to the heights of our spirituality. Of our body's working we are unconscious except when discomfort and pain draws attention through illness, such as eczema or psoriasis. From our highest self come intuitions that can illuminate like lightning in the dark. In between is our everyday consciousness of feeling and thinking.

### This course will ...

- develop a new understanding of how pressure and movement interact;
- further train your awareness and impact as a therapist;
- introduce “Rhythmical Einreibung” massage;
- learn new “Pulsing” method;
- provide you with an in-depth picture of the soul in relation to holistic skin care,

so that you become more conscious, skillful and effective in all your treatment work.

### Conscious Connection

This is a workshop that will develop your capacity to consciously connect.

Understanding the soul-forces when working with the skin can enliven your work, further enhance your skin treatment results and give your clients the opportunity to re-connect with themselves.

### Outline of course content

- Introducing the life of the soul
- Exploring the soul-skin connection
- Bringing Form – with Pulsing
- Bringing Movement – with Rhythmical Einreibung
- Bringing Wisdom – through the Baobab Tree
- Conscious Connecting

The days will involve both practical and theoretical sessions. Art and movement will also be woven into the learning experience.

In the practical session we will focus on the face, feet and the back in a seated position.

The workshop is open to all holistic face and body therapists.

# skin & the soul within

